

SAFE + SOUND

Protection from Harm + Psychological Safety

Our workplaces play a significant role in our lives affecting both our physical and mental wellbeing. In fact, you will spend more time at work on average than anywhere else in your life. Therefore, it is important to have “**Protection from Harm**” in your workplace. By promoting inclusion and ensuring psychological and physical safety, we can experience better health and wellbeing. A safe work environment is not just a benefit—it’s a necessity for a thriving workforce.



Contact **Linda G.** at wellnessconsultant@bellin.org
or **920.436.8668** for more resources.

For 24/7 health system access go to bellin.org/contact
or call **800.528.7883**.



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