

A CULTURE OF CONNECTION



Adapting to Change

Watch the Video:

<https://www.youtube.com/watch?v=Tb0e7foxnmw>



Find more Civilitas topics and content on Julius under Leadership Resources

Need help or have questions about facilitating Civilitas? Please contact our team at civilitas@bellin.org

DISCUSSION QUESTIONS

1. What do you like about change? Share a successful experience.
2. How do you embrace resisters during change? What if the resistor is you?
3. If you were to create a “top 3” list of how to support you through change, what would be on your list?



Linda Golik, Health and Wellbeing Consultant

We welcome your feedback. Contact us with any questions, concerns or ideas.

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