## A CULTURE OF CONNECTION

## Slights, Snubs, & Insults: Microagressions

Watch the Video:

https://www.youtube.com/watch?v=qcO DK9Gn2ZA



## **DISCUSSION QUESTIONS**

- Could you share a personal experience of an interaction in which you felt targeted by a subtle insult, dismissive gesture, or stereotyping, and describe the impact it had on your feelings?
- 2. Share an instance where you witnessed a microaggression at work or in a personal setting. How did you react?
- 3. Describe an instance where you made a comment that could be considered a microaggression. How would you handle the situation now?

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Need help or have questions about facilitating Civilitas? Please contact our team at civilitas@bellin.org



We welcome your feedback. Contact us with any questions, concerns or ideas.

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